

HOW VALUABLE IS YOUR CHILD'S BRAIN?

HELMETS PROTECT BRAINS

Every year numerous skiers and boarders hit something hard with their heads. This causes the brain to impact the skull, often with such force that the brain becomes bruised. Just like any other part of the body that is bruised, the brain swells causing **LIFE THREATENING RESULTS.**

Helmets can minimize the effect of hitting something hard with your head. In previous years, we've had several injuries that resulted in hospital visits, which could have been prevented, had the skier/boarder been wearing a helmet.

ANY STUDENT RENTING A SNOWBOARD MUST WEAR A HELMET.

Helmet use by skiers optional but recommended. Students may provide their own ski or snowboard helmets, or they may rent a helmet from Ski Sawmill (limited numbers available).

Students may not agree, but we think a child's brain is worth protecting. **Therefore, the following release must be completed and signed for each student.**

Student(s) name _____

Group Name _____

As a parent or guardian of the above named student(s) I have read this information on helmet use and I prefer that my child:

- Rent a helmet from Ski Sawmill
- Provide his/her own helmet
- My child is not required to wear a helmet.

(Signature of Parent or Guardian)

(date)